

How much do you know about

How much do you know about

How much do you know about

Distress Tolerance?

**Emotion Regulation?** 

Interpersonal Effectiveness?

## Survey: Dialectical Behavioural Therapy (DBT) training

We are asking for your assistance in completing this survey to help us evaluate the Dialectical Behavioural Therapy (DBT) training. Please complete this survey.

Your Po ition:					
☐ Child and Youth Worker ☐ Soc	cial Worker	☐ Teacher		☐ Manager	
Your Community:					
☐ Brantford	☐ Halton	☐ Hamilton			
Woodview:					
	Definitely Not	Probably Not	Not Sure	Probably	Definitely
By bringing an evidence informed practice to Woodview, do you feel that your clinical knowledge will increase?	0	0	0	0	0
DBT:					
	No Knowledge	Little Knowledge	Some Knowledge	Full Knowledge	I have used these skill(s) before
What is your knowledge of Dialectical Behavioural Therapy?	0	0	0	0	0
How much do you know about Mindfulness?	0	0	0	0	0

0

0

0

0

0

0

0

0

0

0

0

0

0

O

O

רו	BT	$\mathbf{a}$	n	'+•
u	DІ	u		L

	Definitely Not	Probably Not	Not Sure	Probably	Definitely
Do you feel you have the clinical skills to work with children and youth who are engaging in suicidal behaviour or who are engaging in self-harm?	0	О	O	0	О

Comment :		

Thank you!