

PATHWAYS FOR CHILDREN AND YOUTH

CBT Community of Practice Terms of Reference

August 30, 2012

Purpose:

The CBT Community of Practice provides a forum for community site counsellors who have a shared interest in enhancing their CBT skills to engage in a process of collective learning, collaboration, planning, problem solving and solution sharing.

Functions:

1. To enhance the quality of CBT interventions
2. To improve members knowledge base, skill and experience with CBT and remain current with best CBT practices
3. To serve as a forum for peer networking, collaboration and consultation
4. Members will engage in joint activities and discussions, share information, share resources, share experiences, learn from each other and problem solve together

Membership:

- Community Site Counsellors who regularly practice CBT
- Social Worker/Senior Counsellor with CBT area of responsibility
- Program Manager

Accountability:

The affinity group will forward recommendations to the CBT Working Group as indicated.

Procedures:

- The manager assigned to the affinity group or designate will call and chair the meeting
- Meetings typically are scheduled monthly from September to June
- Minutes will be taken, distributed to the members, approved at the following meeting, and then posted on the Minutes Conference.