

Guidance for Virtual Care: Registered Psychotherapists

Program Area: Child and Youth Mental Health	College-Specific Requirements	Resources/Links from the College/Association	WORK FROM HOME TOOLKIT	Continuing Learning Opportunities
<p>Jurisdiction & Scope What is required to do telepractice in your region? What considerations about your scope of practice need to be considered?</p>	<p>Professional Practice & Jurisprudence for Registered Psychotherapists</p>	<p>Competency Profile for Registered Psychotherapists</p>	<p>Expectation, all clinicians registered with CRPO or OCSSSSW</p>	<p>CRPO Resources</p>
<p>Risk Management Identify the risks/benefits/limitations of telepractice. Can you do your job effectively with the skills you currently have via telepractice? Does this client have reasonable benefit from telepractice work?</p>	<p>Professional Liability Insurance</p>	<p>Standards Section 2: Competence Position Statement on Access to Care</p>	<p>Agency-specific policy/procedure</p>	<p>Refer to your agency's liability insurance policy</p>
<p>Technology Do you have the technology required for telepractice? Have you learned how to use the technology with fluidity? Do you have a plan for troubleshooting?</p>	<p>CRPO E-Practice Standard CRPO E-Practice Guideline</p>	<p>Electronic Security Checklist Security Practices Checklist Implementing Electronic Practice</p>	<p>Specific platform varies by agency</p>	<p>Refer to your agency's specific platform</p>
<p>Confidentiality, Privacy, and Access How will you keep standardized test administration secure? Have you considered electronic stimuli? Is your telepractice environment private, is your client's environment private? Consider copyrights on materials for adapting for telepractice.</p>	<p>CRPO E-Practice Standard CRPO E-Practice Guideline</p>	<p>Electronic Security Checklist Security Practices Checklist</p>	<p>Review security aspects per specific platform</p>	<p>Refer to your agency's confidentiality policy</p>
<p>Consent Informed consent is based on available knowledge to clinician, describe security limitations of telepractice. How will you get consent?</p>	<p>Informed Consent Workbook</p>	<p>Informed Consent Checklist</p>	<p>Review consent process per platform and/or per agency-specific policy/procedure</p>	<p>Refer to your agency's policies/procedures</p>

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Record Keeping What does your college require for documentation of correspondence through text/email? Documentation of use of specific videoconference software. Use of secured email.	Record-Keeping Practices – Clinical Records Checklist	Standard Section 5: Record-Keeping and Documentation	Agency/college-specific policies/procedures	Refer to your agency’s policies/procedures
Professional Boundaries Consider your environment and background. Remove personal items and pictures. Set expectations for telepractice (text, email, phone). Minimize distractions.	Professional Practice Standards	Code of Ethics	Review with Supervisor Review in Team Scrums	Refer to your agency’s policies/procedures
Continuing and Transferring Care How will you offer clinical follow up or transfer care to another clinician? Alternate options for clinical access.	Direct Client Contact (DCC) Confirmation Form	Code of Ethics	Review with Supervisor Review in Team Scrums	N/A
Ethics Are there special ethical considerations for telepractice?	Professional Practice Standards	Code of Ethics	Agency-specific policies/procedures	Fundamental Ethical & Practical Considerations in Video Counselling
Supervision Considerations for supervision of support staff remotely.	Standards Section 4: Clinical Supervision 4.2 Practising Clinical Supervision	Clinical Supervision Records Checklist Clinical Supervision FAQ	Review with Supervisor Review in Team Scrums	Supporting virtual teams and remote clinical supervision

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<p>Other Are there other considerations for your practice? Other training opportunities.</p>			<p>Agency-specific policies/procedures</p>	<p>Mental Wellness for Healthcare Professionals - 02 April, 2020 from 1800-1900EST</p> <p>Stress Management in Healthcare Settings - 06 April, 2020 from 1730-1830EST</p> <p>Mental Health for Telehealth – 15 April, 2020 from 1800-1900EST</p> <p>Mental Health for Support Staff: Taking Care of Yourself 17 April, 2020 from 1800-1900EST</p>